

Welcome to Land Between The Lakes National Recreation Area!

With over 170,000 acres of forests and open lands, and 300 mile of shoreline, Land Between The Lakes (LBL) offers a wide variety of recreational and environmental education activities. This unique peninsular landmass provides a rich natural resource setting nestled between Kentucky Lake and Lake Barkley in western Kentucky and Tennessee. If you are looking for a special place for family togetherness, camaraderie with friends, or well-earned solitude with nature, LBL has something to offer. We hope to provide you with a safe and enjoyable visit. Additional information on LBL facilities, programs, and services is available at www.lbl.org.

Attractions

LBL offers facilities that focus on fun, educational programs for people of all ages. Woodlands Nature Station and The Homeplace are open March through November. The Golden Pond Planetarium is open from March through December. Group rates are available by reservation. For more information on all our facilities and a schedule of events please visit www.lbl.org.



Woodlands Nature Station

An environmental education center, nestled in the woods between Honker and Hemattie Lakes, offers LBL visitors a chance to get closer to the local wildlife in our indoor and outdoor exhibit areas. Learn fun ways to green up your space at home. Staff are available to recommend good nature viewing sites. Family friendly hiking trails surround Woodlands Nature Station. Guided trips and special events are offered throughout the year.

The Homeplace

This 1850's living history farm is a step back in time offering visitors a glimpse into 19th century farm life. Each day interpreters in period clothing demonstrate daily chores and activities, and you are invited to share in the



experience and see how life has changed over the past 150 years. The Homeplace farm site, originally part of a Revolutionary War land grant, is comprised of 16 original and restored log structures. In addition, there are crop fields, a vegetable garden, and historic livestock breeds. Throughout the season, special events and festivals highlight the family oriented community culture of the era.

Golden Pond Planetarium & Observatory

The Golden Pond Planetarium, operated by "Friends of LBL", brings to life the fascinating world of earth science, outer space, and modern space exploration. Planetarium shows are held



daily throughout the operating season. Shows cover such fascinating topics as black holes, white dwarves, and life on Mars. The universe unfolds from the comfort of our 84-seat planetarium. Free from the glow of city lights, LBL offers one of the best views of the night sky in this region.



Elk & Bison Prairie

The Elk & Bison Prairie offers a unique wildlife viewing experience, with a paved road winding its way through the 700-acre prairie. This area is an active restoration project, returning the land to the prairie habitat that thrived in Western Kentucky and upper Middle Tennessee more than 200 years ago. Visitors can take a self-guided driving tour of the site along a 3.5-mile paved loop that features many interpretive stops.

Bison and elk are usually more active just after dawn or during the evening hours, retreating to the shade of the trees during the heat of the day. While these animals are in captivity, they are not tame. Please observe all posted signs for your own safety.

Trails and Roads



TRAILS

Over 200 miles of trails beckon, leading to some of the most scenic spots at LBL. Native wildlife live in the woods, fields, and lakeshores. For trail updates and closure information, please visit www.lbl.org, then Trip Planning, and click on Trails Update. Trails are open year-round. Please see individual Trail Maps for specific trail information.



Hiking

LBL's trail system offers a variety of excursion possibilities. Take a short walk with family, or spend the night traversing the 58-mile-long North/South Trail.

Mountain Biking

Mountain bikers can peddle on some of the most scenic viewing trails in the Southeast. Bike trails are found on the north end of LBL, including much of the northern half of the North/South Trail and the Canal Loop Trail system.



Road Cycling

Cyclists will find miles of paved, scenic roads in LBL through a variety of terrain.

Equestrian

Horseback riders are offered over 100 miles of designated trails in LBL. Trailheads are found at Wranglers Campground. A day-use fee is required for all non-camping riders and can be paid at Wranglers Campground (open year round). Proof of current EIA (Coggin's) test for horses and current health certificate in compliance with KY State law is required. Visit www.kyagr.com or call 502-564-4696 for more information.



ROADS

Motor Vehicle Use Map (MVUM)

The MVUM is an enforceable document that displays all the designated roads and motorized trails open to motorized vehicle travel. The MVUM data is reflected on this map; however, users can check the annually updated MVUM for accuracy. All LBL visitors are required to comply with the MVUM. When recreating with a motorized vehicle, it is the responsibility of the user to research and adhere to the motorized travel requirements. The most recent MVUM is available for viewing at the Golden Pond Visitor Center and the North and South Welcome Stations. It is also available at www.lbl.org.



Off-Highway Vehicles (OHV)

Turkey Bay, LBL's Off-Highway Vehicle Area, has over 100 miles of trails designed and maintained for OHV use. Turkey Bay's trails offer terrain for riders of all skill levels, from challenge areas, the most difficult in the trails system, to the Turkey Trot Kid's Riding Area, a training area designed for children 16 and under. On-site primitive camping is available year-round. See Camping for more information.

Call Before You Haul

Trails occasionally close due to weather and soil conditions. To check the status of Turkey Bay OHV Area, Wranglers Trails, or other closures call 270-924-2000 or visit www.lbl.org.

Points of Interest



Iron Furnaces

From the 1840's to the 1860's, eight iron furnaces were constructed across LBL. Many were closed during the Civil War by Union forces to cut off iron to southern states. Few reopened after the war and the last furnace, Center Furnace, located near Nature Station, closed in 1912. Center Furnace and Great Western Iron Furnace, located near The Homeplace, both remain as free-standing structures.

Historic Civil War Trails

The Fort Henry Trail system is located in the southern-most part of LBL and features historical markers that explain key points of the area's history and role in the Civil War.

Oak-Grassland Areas

The Oak-Grassland Restoration Demonstration Areas, located near the Elk & Bison Prairie and The Homeplace, are resource management projects designed to return areas of LBL to a pre-European settlement condition. The southern demonstration area, located near The Homeplace, is being developed first while the northern area will be developed at a future time. Oak-grassland areas provide habitat for rare and declining indigenous species in LBL, while improving forest health and providing many recreational and environmental education opportunities.



History Exhibit

The Golden Pond Visitor Center features an exhibit on the history of the "Between the Rivers" region that takes the visitor from early

Native Americans, through the building of Kentucky and Barkley Dams, to the development of Land Between The Lakes National Recreation Area.



Wildlife Viewing

LBL and the surrounding lakes offer many opportunities for viewing wildlife in their natural habitat. State wildlife refuges and future Nature Watch Demonstration areas are found throughout LBL. Nature Watch areas are being actively developed in LBL.

Gift Shops

Gift shops are found at all LBL facilities and welcome stations. All gift shops are managed by the "Friends of LBL" and help support continued improvements to LBL.

Check Out Regional Attractions Too!

The surrounding area offers additional sites to see and activities to round out your stay. Gas, groceries, restaurants, and convenience items are all available in nearby quaint communities.



Land
Between
The
Lakes
NATIONAL RECREATION AREA
Western Kentucky and Tennessee

RECREATION MAP



Forest Service



Southern Region

United States
Department of
Agriculture

Be Sure to Know



"Friends of LBL" is a not-for-profit partner with the U.S. Forest Service in management of LBL. To learn more about how you can become a member and other opportunities to be involved in, call 1-800-455-5897 or visit www.friendsofbl.org.

Respect the Resource

RESPECT THE RESOURCE

Respect the Resource is an awareness program designed to draw attention to how we all use and conserve our environment. LBL is a National Recreation Area and we all have a responsibility to help maintain this beautiful environment for generations to come. For example, leave plants and flowers for others to enjoy and do not harass the wildlife!

For additional information about LBL and the recreation opportunities listed on this map, contact: 1-800-LBL-7077, 270-924-2000, or visit www.lbl.org on the web.

Camping

LBL offers several different opportunities for camping, from developed family campgrounds offering the latest in RV hookups to backcountry camping nearly anywhere between the lakes. Seasonal campsites are available. Reservations for LBL campgrounds can be made through a link at www.lbl.org or by calling 1-800-525-7077.



DEVELOPED CAMPGROUNDS

LBL offers four developed family campgrounds offering the latest in RV hookups, clean showers, restrooms, picnic tables and fire rings. Energy Lake, Hillman Ferry, and Piney Campgrounds are open March through November. Wranglers Campground is open year-round. There are also many recreational opportunities at each campground. See individual campground facility map for details.



Energy Lake Campground

Located on a quiet inlet of Lake Barkley and protected by Energy Dam, Energy Lake Campground offers a variety of services for groups or families. Hiking trails surround Energy Lake Campground; there are also canoe rentals, a swimming beach, a ball field, an archery range, a campfire theater, an assembly building, and a paved play court.

Hillman Ferry Campground

Located at the north end of LBL on Kentucky Lake, Hillman Ferry Campground offers multiple recreational opportunities for campers including a swimming beach, boat ramps, ball fields, and bike rentals. Miles of hiking and biking trails surround the campground and offer scenic views of the lake. During the summer months, our staff leads a variety of recreational programs for all ages. An Outpost is open April to October and offers a variety of rentals and camping supplies.



Piney Campground

Located at the southern end of LBL on Kentucky Lake, Piney Campground offers many recreational opportunities for campground users, such as a network of biking and hiking trails that surround the campground, an archery range, playground, ball fields, swimming beach, boat ramps, and a fishing pier. During the summer months, our staff leads a variety of recreational programs for all ages. An Outpost is open April to October and offers a variety of rentals and camping supplies.

Wranglers Campground

Open year-round, horseback riders can find all they need at Wranglers Campground including stalls, farrier services, tethering post, and lots of trails to ride. An Outpost is available offering a variety of rental and camping supplies. See Trails and Roads section for more horseback riding information.

OTHER CAMPING OPTIONS

Self-Service Camping Areas

Birmingham Ferry, Smith Bay, Cravens Bay, Fenton, Rushing Creek, Jones Creek, and Gatlin Point campgrounds are fee areas offering campsites, picnic tables, grills, chemical toilets, drinking water, trash pickup, and boat ramps. These are self-service camping areas. Place the appropriate camping fee in the registration envelope and deposit it in the registration box located near the entrance of the campground.

Backcountry Camping

LBL offers primitive and backcountry camping opportunities. Backcountry Camping Permits allow visitors to camp most anywhere in LBL and are required for any overnight stay. Permits are available at the Golden Pond Visitor Center, North and South Welcome Stations, and campgrounds throughout LBL.



Turkey Bay Off-Highway Vehicle (OHV) Area

Explore over 100 miles of designated trails in Turkey Bay, LBL's OHV Area. On-site primitive camping is available year-round and provides tables, grills, potable water and chemical toilets. Turkey Bay's trails offer a variety of terrain for everyone. See Trails and Roads section for more trail information and Turkey Bay Facility Map for rules and regulations.



Call Before You Haul

Trails occasionally close due to weather and soil conditions. To check the status of Turkey Bay OHV Area, Wranglers Trails, or other closures call 270-924-2000 or visit www.lbl.org.

Important Information

RULES AND REGULATIONS

A complete list of LBL rules and regulations can be found at any LBL welcome station or visitor center or online at www.lbl.org.



SAFETY

Following simple guidelines help you make your visit safe. Planning before a trip, telling someone where you are going, when you plan to be back, and checking equipment before leaving for your trip can minimize risks. Forest Service Law Enforcement Officers patrol LBL 24 hours a day. In case of an emergency dial 9-1-1.

TICKS

Visitors are likely to encounter the Lone Star Tick and the American Dog Tick while visiting LBL from mid-March through mid-October. In rare cases, tick bites may result in serious illness; medical attention should be sought if problems develop within 2 to 12 days. See

the LBL Tick Fact Sheet at any LBL facility for ways to avoid tick bites.

INVASIVE SPECIES

A species is considered exotic or non-native when it has been introduced by humans to a location outside its native or natural range. Many of these invasive plants and animals were originally introduced to the U.S. as food, fiber, ornamental plants, or ecosystem management tools. Today, invasive species are major threats to our nation's aquatic and terrestrial ecosystems. Invasive species recognize no borders. They have the capacity to dominate, overwhelm, or wipe out native species. Prevention and control of invasive species require tremendous cooperation across all landscapes and between public and private stewards of the land. To learn more about invasive species and how to help prevent their spread visit the USDA Forest Service Invasive Species website at www.fs.fed.us/invasivespecies.

PROTECTING HERITAGE SITES

The past belongs to all Americans. When looters and vandals destroy archaeological and historic sites, part of the Nation's heritage is lost forever. Sites on public lands are protected by the Archaeological Resources Protection Act and other statutes. Be a Steward of the Past:

- Treat remains of past cultures with respect.
- Tread lightly when visiting heritage sites.
- Leave artifacts where you find them.
- Photograph and enjoy, but do not touch fragile surfaces.

Other Opportunities



BRANDON SPRING GROUP CENTER

Brandon Spring Group Center offers a variety of outdoor environmental education and recreation in an overnight camp-like environment, featuring dormitory-style bed space for 128 people, a dining facility, meeting rooms, large interior activity spaces, canoes, a swimming pool, and trails. Staff are available to assist group leaders in developing and implementing environmental education programs to meet the specific needs of their groups. Programs on team building, aquatic habitats, native wildlife and outdoor skills are some of the more popular activities available.

HUNTING

LBL offers diverse hunting opportunities during defined hunting seasons for large and small game and waterfowl. Hunters are required to have the necessary state and LBL permits. Visit www.lbl.org for hunt dates, maps, and more information.

Deer gun hunting seasons at LBL are in October and November. Spring turkey hunting

season is from late March to early May. If planning a trip at this time, visit www.lbl.org or call 270-924-2065 to find out the exact hunting dates. Although this should not discourage backcountry use, proper safety precautions should be taken. While on the trail or in backcountry areas at these times, both blaze orange hats and vests should be worn. Also, as a courtesy to the hunters, schedule your activities during mid-day periods when hunting activity is lowest.

Firearms are strictly prohibited except during established LBL gun hunting seasons by legally licensed hunters with permits.

FISHING

Surrounded by one of the world's largest man-made bodies of water LBL is home to some of the best sport fishing in the mid-South. Boat launch ramps are found along both Kentucky Lake and Barkley Lake and are open year-round. All applicable state fishing licenses are required.

