

Fort Henry Trails System



Land Between The Lakes National Recreation Area

January 2009

The Fort Henry Trails System offers some of the most scenic forest settings in Land Between The Lakes (LBL). Located in southwestern LBL, the system consists of nearly 30 miles of trail through forest uplands and bottomlands. Forest settings include maple, ash, and sweetgum bottoms, mature oak-hickory uplands, as well as native shortleaf pine stands. Hike along historic routes used by General Grant's Civil War troop movements from Fort Henry to Fort Donelson.

This trail system offers several opportunities—you can make your own loop, short or long, connect to the North/South Trail, or even hike the entire length. Fort Henry Trails are for hiking only, and offer some of the best opportunities for viewing a variety of hardwood and pine forests, deer and turkeys, and enjoying the solitude.

Artillery Trail (Yellow 17, 18, 20, 4) - This 3.2-mile trail follows a historic wagon road used by Ulysses Grant and his troops heading to Fort Donelson. This trail begins at the Telegraph Trail and gradually rises in elevation before flattening along the ridgeline and eventually dropping off to meet with the Peytona Trail.

Devils Backbone Trail (Blue 5, 19, 18) - One of the most unique trails in the Fort Henry System, Devil's Backbone follows along a ridge overlooking opposing hollows. In places the knife-edge ridge is barely wider than the trail itself. Look for mountain laurel growing out of the bluffs.

Peytona Trail (Yellow 11-17) - As you hike this 1.3-mile trail, you will pass along old home sites and beaver dams. You may notice remnants of the 1800's iron industry along this trail.

Pickett Loop (Blue 1, 23, 24, 26) - This 2.2-mile loop passes many old home sites and offers views of Kentucky Lake. It can easily be accessed by the Fort Henry Trailhead or Boswell Landing Lake Access.

Piney Trail (Red 20-22) - Use this trail from Piney Campground to access the rest of the Fort Henry System. This 2.3-mile trail starts in a bottomland and ascends to a ridge top to meet up with the Volunteer Trail, as well as General Grant's historic route, the Artillery Trail.

Shortleaf Pine Trail (Yellow 6, 19) - Hike through one of the highest concentrations of mature shortleaf pine stands in LBL on this 1.6-mile trail. Use this loop in conjunction with Devil's Backbone to make a scenic loop.

Telegraph Trail (Red 1-14) - This 7.5-mile trail is the longest in the Fort Henry Trails System and connects with many others trails in the system, as well the North/South Trail, proving to be the backbone of this system. This follows along stream sides and creeks, and then climbs ridges only to come back down along the streams. Notice old home sites, cemeteries, springs, and beaver dams along this trail.

Tennessee Ridge Trail (Blue 9, 16) - Hike along this easy 1.8-mile trail that traces the physical divide between the Cumberland and Tennessee River watersheds. This trail lays furthest interior, thus providing some of the best opportunities for solitude.

Volunteer Trail (Yellow 2, 21) - Mostly traveling through bottomlands and low hills, this 2.2-mile trail connects Telegraph and Piney Trails.

Length: Approximately 30 miles
Trailheads: Fort Henry Trailhead Parking off Road 232, South Welcome Station, Boswell Landing, or adjacent Parking Lot (*Seasonal Hunting Information available here.*)
Trail Connection: North/South Trail
Surface Type: Dirt
Difficulty Level: Easy to Moderate; 250+ change in elevation; 29.3 miles of footpaths, logging roads, and gravel roads
Recommended Seasons: Spring, Fall
Facilities: Parking, accessible restrooms, picnic area with grills
Trail Markings: Blue blazing, Yellow blazing, Red blazing
Trail Ethics: Pack it in. Pack it out!
Backcountry Camping: Overnight camping is permitted along the Fort Henry Trails. All campsites must be at least 50 feet from the marked trail. Bury all human waste 200 feet from the marked trail. An overnight Backcountry Camping Permit is required; permits may be purchased at South Welcome Station, Piney Campground, and Golden Pond Visitor Center.
Safety: Trail markers are placed to better orient the hiker. Please refer to map for specific location. The Lone Star Tick and the American Dog Tick are very abundant; precautions should be taken primarily from mid-March through mid-October. Poison ivy flourishes in many areas in LBL, please use caution when not on the trail. Properly treat all trailside water before consuming. Springs may not be flowing during July, Aug., & Sept. Plan to bring water with you. Treated water can be found at Piney Campground and South Welcome Station.

LBL Trail Rules

1. For your safety, all hikers are requested to register at either the North or South Welcome Station or the Golden Pond Visitor Center.
2. Low impact camping/hiking/biking techniques should be followed at all times. Stay on the trail, even through wet areas, to help prevent soil erosion. All garbage must be packed out.
3. Campfires are permitted in previously used spots except during periods of high fire danger. Only dead or down materials may be used for fuel. The fire should be attended at all times and completely extinguished before departure.
4. Horses and mountain bikes are allowed on designated trails only. Motor vehicles are strictly prohibited except for approved organized events.
5. *Respect the Resource*—leave plants and flowers for others to enjoy, and do not harass the wildlife!
6. Firearms are strictly prohibited except during established LBL gun hunting seasons by legally licensed hunters with permits.
7. Pets must be on a leash of 6' or less and under physical control at all times. Respect other users.
8. LBL strongly encourages users to "Call Before You Haul" to check current trail conditions at 270-924-2000, or visit us on the web at www.lbl.org and click on Trip Planning, then Trails Update.
9. ♻️ Help us eliminate the cost of cleaning up garbage—take your trash to one of our Recycling Stations located at Golden Pond Visitor Center, The Homeplace, Woodlands Nature Station, and Wranglers Campground.

Land Between The Lakes National Recreation Area has been set aside for your recreation and education. As you hike these trails, take time to enjoy the natural beauty and learn something about the natural or cultural history of this special place.

Discovery Packs containing field guides and other materials are available to borrow at Woodlands Nature Station.

{Various trail information originally compiled by Johnny Molloy and captured in his book, "Land Between The Lakes Outdoor Recreation Handbook."}



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Emergencies

Call 911 or the
USDA Forest Service
Law Enforcement Office
270-924-2196

For More Information

USDA Forest Service
Land Between The Lakes
100 Van Morgan Drive
Golden Pond, KY 42211
270-924-2000 or 800-LBL-7077
www.lbl.org

Volunteer Opportunities

Friends of LBL
Volunteer Coordinator
270-924-2007
www.friendsofbl.org

